

The Gateway Affirmations.

I AM more than my physical body. Because I am more than physical matter,

I deeply desire to expand, to experience, to know, to understand, to control, to use, such greater energies and energy systems as may be beneficial and constructive to me and those near and close to me.

Also,

I deeply desire the help and cooperation, the assistance, the understanding of those individuals whose wisdom, development, and experience are equal or greater than my own.

Wave 8 Affirmation

I am much more than my physical body. It is my intent, through these explorations beyond physical matter reality, to contribute to the expansion of human consciousness.

In consciously experiencing and acquiring knowledge of the realms beyond ordinary consciousness, I will work to bridge these realities.

And so doing, I asked for help, to be open, allowing and calm in perceiving clearly, responding appropriately and carrying out my intent of service.

I am truly grateful for this assistance. I set forth empowered by the energetic field of my fellow explorers and acknowledgement of our oneness, in love.